2022 CROSS COUNTRY DIVISIONALS
5A AND 6A CLASSIFICATIONS FORMAT
1ST ROUND OF STATE XC CHAMPIONSHIPS

Overview

- Region Championships will continue as in the past. (Sept 30.- Oct. 7, 2022) by 10:00 PM
- **All teams will go to the Divisional Race (First Round of State)**
- State will consist of two rounds. All teams will go to the first round (Divisionals) and it will be divided into two races of equal or close to equal in size. The top teams (of each classification will have a different number, explanation is below) and 6 individuals from non-qualifying teams, will advance to the second round. If 5 or more of the individual qualifiers are on the same team, the whole team of 7 runners will go to the second round.
- The first-round races for 5A and 6A Classifications will be held at the same venue and on the same day. It will be held at Lakeside Park. 400 S. 1850 W. Orem Utah, 84058 (Oct.11, 2022) The second-round race for all Classifications will be held at The Regional Athletic Complex Rose Park and on the same day. (Oct. 25, 2022.)
- A team's placement in the first-round races will be determined by the team's placement at Region (explanation below). This is for dividing the teams into two equal races, all teams will have equal opportunity to compete for the top spots for the second round.

Payment information

- Entrance fee of $100.00 will be charged in order to compete at Divisonals (We are undergoing some changes with the UHSTCA accounts. For this reason payment will be paid to Lickety Split Timing for one final year. Once all payments are received all monies will be transferred to the UHSTCA account).
- Payment can be accepted by Check or Credit Card, but must be paid in advance or brought the day of the meet.
- For Credit Card Payments Scan the QR code or use the click the link: https://checkout.square.site/merchant/MLQCVPJRN13MQ/checkout/5ALN2WGLPARP7ANWRMZVLEKG

- **CHECK PAYMENT TO:**
  Lickety Split Timing
  2750 W. 1500 N.
  Vernal, UT 84078

Credit Card Payments:

Divisional By laws

By Laws for Divisional and State.

EC (Executive Committee) and the UHSTCA (Utah High School Track Coaches Association)

Any changes MUST be approved by (EC, UHSTCA)
Such changes can include and are not limited to, (Pandemics (Covid-19), Mass gatherings, updates/Changes to By-Laws, any other unforeseen circumstances.

Register for Divisional RACE

Registration will be completed on Athletic.net. When Registering for the divisional race you MUST register your top Varsity 7 girls and Varsity 7 boys. These Must be submitted Between Sept. 30th - October 7th Before 10:00 pm. After all region races have been completed. Further instructions for registration can be found on Athletic.net. ALL rosters will be submitted by registering at Athletic.net and may not be changed after the deadline.

Substitution Rule (For Divisional or First round of STATE XC)

When needing to Substitute a runner in your TOP 7 (Girls or Boys) The Substitute MUST be changed prior to the meet. Substitutions may only be made for a medical issue or injury. For any changes that need to be made after the scheduled deadline due to medical issues or injuries please contact the timing personnel. Tyler Hill @ licketysplittiming@gmail.com

DIVISIONAL RACE: (FIRST ROUND OF STATE)

Once you have selected your TOP 7 representing your school for the Divisional Race, both boy's and Girl's teams, these will be your teams for this race (The first round of state) If needing to Substitute a runner we refer you to **Substitution Rule (For Divisional or First round of STATE XC)**

STATE: (SECOND ROUND OF STATE)

If your team qualifies for the second round of state you must submit your 7 Varsity runners that WILL be your team for the second round at a time and date determined by UHSAA. (All Substitution rules for the final round of state will determined by the UHSAA)

- All teams will go to the Divisional Race (First Round of State)
- To create a fair and reliable qualifying championship that allows the best teams and athletes to be represented at the State Championships final round.
- To have a system that is unbiased and consistent despite the frequent changes of Regions and Classifications within the State and to eliminate the problem of unequal sized Regions
- This format will help in the development of the sport, the teams, and individuals across the State by giving a more equal opportunity to all.

FIRST ROUND FORMAT FOR TEAM PLACEMENT AND ADVANCEMENT

6A: 9 teams and top 6 individuals from each section will advance to the final round. Regions 1 and 3 would send their odd number finishing teams to section B and their even to section A.
Regions 2 and 4 would send odd number teams to section A and even number teams to section B.
The region splits to go to section A and B would alternate each year.

5A: 12 teams and top 6 individuals from each section will advance to the final round. Regions 5 and 7 would send their even number finishing teams to section B and their odd to section A.
Regions 6 and 8 would send even number teams to section A and odd number teams to section B.
Region 9 Would send teams placing 1,4,5 to section B and Teams placing 2,3,6 to section A. The region splits to go to section A and B would alternate each year.

Divisional Race Site:

- Lakeside Park. 400 S. 1850 W. Orem Utah, 84058 84118 (Oct. 11, 2022)
Factors to consider:
- 5A will have 34 schools, 6A will have 26 schools.

    - Bus drop off and pick up area.
    - Bus parking.
    - General parking.

MANAGEMENT ASSIGNMENTS (5A and 6A coaches)
- Course set up
- Course take down
- Finish chute help
- Water and First Aid station

MEET SCHEDULE

5A   Packet   pick-up
8:00am9:00 Boys section
A
9:30 Boys section B
10:00 Girls section A
10:30 Girls section B

Break

6A Packet pick-up 11:30am
12:30 Boys section A
1:00 Boys section B
1:30 Girls section A
2:00 Girls section B

Future Divisional Races

5A and 6A will rotate each year one early and the other late.

* Document is Subject to change by recommendation from UHSTCA